SWSC Coach Training Fall 2024 (Updated 7/23/2024)

There are multiple training opportunities for <u>Head coaches and Assistant coaches</u>. **If any dates/times/locations** for training change, the latest information will be online at this link:

http://www.somersetwestsoccer.org/res/FallCoachTraining.pdf

- THJSL & OYSA/Portland Timbers will provide a league-level training sessions.
 - Aug 3 at Conestoga Middle School; 9AM 12:30

Session outline:

General Remarks / Intro: 9-10am

10:15am-10:45am U6-U8 10:45am-11:15am U9-U12 11:15am_11:45am U13+ 11:45am-12:15pm GK Final mins Q&A

Aug 21 at Highland Park Middle School; 5 - 8pm

These clinics will prepare you for running effective developmentally-appropriate practices. Great for new and experienced coaches to develop their coaching skills and meet coaches from neighboring THJSL clubs. Coaches participate in the on-field sessions. Bring notepad, pencil, water, soccer ball (size 5 preferred), and shoes/clothing appropriate for playing. (Coaches not interested in playing can still attend and watch from sidelines).

- We'll hold club level training for SWSC new and returning coaches delivered by a UK International coach:
 - Jul 30 G2-G4 ages 5:30 6:30PM Location Powerlines #1 Field
 - Aug 1 G5-G8 ages 5:30 6:30PM Location <u>Powerlines #1 Field</u>
 Coaches participate in the on-field sessions. Bring notepad, pencil, water, soccer ball (size 5 preferred), and shoes/clothing appropriate for playing. (Coaches not interested in playing can still attend and watch from sidelines).
- We will have a UK International Soccer coach participate with club coaches and players during scheduled team training sessions in August and September. This will be a great opportunity to get assistance with practice structure, skill development and effective age-appropriate drills. Grade2 and new coaches will get priority for this assistance from the UK coaches but others can request help with team training by contacting me at coach@somersetwestsoccer.org. This training will occur during your scheduled practice time/location. I want feedback from our club coaches who are able to take advantage of this opportunity, so let me know how your team training session with UK International Soccer goes.
- We have some great resources on the SWSC Website Coaching Page: https://www.somersetwestsoccer.org/wp/?page_id=48#coach-training.
- Somerset West Soccer Club will reimburse fees spent for completed coaching license clinics by active club coaches for Grassroots and D License level. Contact coach@somersetwestsoccer.org BEFORE you register. Details are on https://www.somersetwestsoccer.org/wp/?page_id=48#coach-training.

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